



Kingston Wheelers Open 10 Time Trial

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

Saturday 22nd May 2021 at 14:00

Event Headquarters

St. John's C of E Primary School, Goodwyns Road, Dorking, Surrey RH4 2LR

Signing On

Opens at 12:15

Sign-on and start numbers at Event HQ (St. Johns C of E Primary School)

Allow 10 minutes from HQ to START

COVID-19 Guidelines

- If you feel at all unwell or are showing signs of Covid 19 DO NOT come to this event.
- DO NOT arrive too early or you may be asked to stay in your vehicle.
- Please bring your own pen to sign on with, and pins if you require them for your number
- Please wear a face covering at appropriate times.
- There will be toilet facilities but these are not to be used as changing rooms.
- The use of turbo trainers is only permitted if social distancing can be maintained, otherwise warm up on the road.
- Please maintain social distancing at all times.
- Having finished your race, you will be expected to return your number, sign out and then leave.
- Riders not adhering to the restrictions in place will not be permitted to ride, will be reported to CTT and may be refused entry to future events.
- These restrictions are not there to make it difficult for either you or the volunteers. They are there to minimise the risk of spreading COVID-19 virus.
- Thank you for your co-operation.

Safety Instructions and Regulations

- CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- London South DC strongly recommend that riders do not wear black or dark clothing during any event held on the public road, to improve rider safety by making riders far more visible on the roads.
- CTT Regulation 14 requires that "No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users".

- Competitors are requested not to warm up on the course after the first rider has started.
- No Vehicles, except those of the Timekeepers' and Event Officials, shall be parked in the vicinity of the start and finish areas
- Competitors must not use ANY audio equipment except prescribed hearing aids. A competitor in breach of this regulation shall be disqualified.
- NB Competitors must not use a mobile phone while mounted on their machines.
- No time may be recorded if number is not correctly positioned
- Official Observers will be stationed around the course

Event Specific Instructions

- Rider's attention is drawn to the regulations that govern Time Trials and prohibits drafting (riding in company).
- PLEASE KEEP NOISE TO A MINIMUM FOR RESIDENTS AND RESPECT PARKING RESTRICTIONS

Course

This event is held in the London South District, on 10-mile course **G10/42**

Course details as follows:

DETAILS	DISTANCE	TOTAL
START in Spook Hill, North Holmwood at PO Telephone Inspection Cover 30 yards from junction with A24	0.00	0.00
Proceed to A24 where LEFT into acceleration lane to join A24. Proceed south to Beare Green RBT (roundabout)	2.67	2.67
2nd exit and follow Capel by-pass to Clark`s Green RBT where TURN (CHECK)	2.24	4.91
5th exit to retrace on A24 to Beare Green RBT	2.24	7.15
Straight on 2nd exit and follow A24 to FINISH at drain at north end of penultimate crash barrier 634 yards before North Holmwood RBT	2.85	10.00

Course Records

Solo Male – 19:04 – Michael Hutchinson – 13th Jul 2002

Solo Female – 21:28 – Hayley Simmonds – 20th Aug 2016

Prize Categories

Prize List	1st	2nd	3rd
Men	£40	£25	£15
Women	£40	£25	£15
Veteran Male	£35	£20	£10
Veteran Female	£35	£20	£10
Road Bike Male	£30	£20	£10
Road Bike Female	£30	£20	£10

One prize per rider of the highest value



Supporting EPiC: <https://epic-group.org/the-epic-kitemark>

Road bike category rules

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (i.e. not with forearms resting on the handlebar)
3. Wheels must have a minimum of 12 spokes each, and have a maximum rim depth of 90mm
4. Helmets must have no visor
5. Ears must not be covered by the helmet (Giro Aerohead helmets, for example, are not permitted)

Time Keepers

Christina Gustafson & Paul Tunnell

Event Secretary

Adam Bidwell – tt@coolbox.me.uk

District

Event held in the London South District, details of LSDC can be found on their website at <https://london-south.ctt.org.uk/>

Start Sheet

Number	Start Time	First Name	Last Name	Club	Gender	Category
41	14:01	Samantha	Holden	Crawley Wheelers	Female	Junior
42	14:02	Lindz	Mac	Kingston Wheelers CC	Male	Veteran
43	14:03	Jim	O'Leary	GS Avanti	Male	Veteran
44	14:04	Trevor	Davis	VC de Londres	Male	Veteran
45	14:05	Owain	Williams	Kingston Wheelers CC	Male	Juvenile
46	14:06	Steve	Grout	Epsom CC	Male	Veteran
47	14:07	Peter	Adams	Tri Surrey	Male	Veteran
48	14:08	Enrique	Gomez	Kingston Wheelers CC	Male	Senior
49	14:09	Vernon	Schutte	Farnborough & Camberley CC	Male	Veteran
50	14:10	Neil	Grunshaw	Kingston Wheelers CC	Male	Veteran
51	14:11	Becca	Drake	BellaVelo cc	Female	Senior
52	14:12	Paul	Mordue	VELOSPORT CC	Male	Veteran
53	14:13	Peter	Owen	Norwood Paragon CC	Male	Veteran
54	14:14	Iain	Duncan	Crawley Wheelers	Male	Veteran
55	14:15	Michael	Porter	34 Nomads CC	Male	Veteran
56	14:16	Lewis	Phillips	Dulwich Paragon CC	Male	Senior
57	14:17	Tim	Holmes	Brighton Excelsior CC	Male	Veteran
58	14:18	Lee	Davies	London Dynamo	Male	Senior
59	14:19	Paul	Atkinson	Velo Club St Raphael	Male	Veteran
60	14:20	Paul	Batten	Crawley Wheelers	Male	Senior
61	14:21	Daniel	Di Principe	Kingston Wheelers CC	Male	Veteran
62	14:22	Lewis	Cole	Forge London CC	Male	Senior
63	14:23	Jeremy	Purnell	Crystal Palace Triathletes	Male	Veteran
64	14:24	Artur	Kaczmarek	Kingston Wheelers CC	Male	Senior
65	14:25	Peter	Baker	Lewes Wanderers CC	Male	Veteran
66	14:26	Henry	Taysom	LFGSS CC	Male	Senior
67	14:27	Stephen	Morgan	Tooting BC	Male	Veteran
68	14:28	James	Wasley	Paceline RT	Male	Veteran
69	14:29	Judah	Rand	Kingston Wheelers CC	Male	Senior
70	14:30	Martin	Headon	Dulwich Paragon CC	Male	Veteran
71	14:31	Clive	Jackson	Central Sussex CC	Male	Veteran
72	14:32	Seb	Balch	Blackspokes RT	Male	Senior
73	14:33	Alan	Grant	VTTA (London & Home Counties)	Male	Veteran
74	14:34	Brian	Jones	Morden CRC	Male	Veteran
75	14:35	Stuart	Biesheuvel	Exeter Whs CC	Male	Senior
76	14:36	Charlotte	Roberge	Dulwich Paragon CC	Female	Veteran
77	14:37	Milo	Purvis	Kingston Wheelers CC	Male	Senior
78	14:38	Mark	Thomas	Bigfoot CC	Male	Veteran
79	14:39	Dominic	Birch	Kingston Wheelers CC	Male	Senior

80	14:40	Jacob	Storey	Partenza-Nude Espresso RT	Male	Senior
81	14:41	Reinet	Maas	Epsom CC	Female	Veteran
82	14:42	Paul	Hunt	Clapham Chasers	Male	Veteran
83	14:43	John	McDonald	trainSharp	Male	Veteran
84	14:44	Patrick	Ramsey	Blackspokes RT	Male	Senior
85	14:45	Craig	Jackson	London Dynamo	Male	Senior
86	14:46	James	Hirst	Rugby Racing Cycling Club	Male	Senior
87	14:47	James	Leach	Imperial Racing Team	Male	Senior
88	14:48	Damien	Sutton	Kingston Wheelers CC	Male	Veteran
89	14:49	Joe	Fellows	Trash Mile	Male	Senior
90	14:50	Richard	Down	Paceline RT	Male	Senior
91	14:51	James	Ellis	London Dynamo	Male	Veteran
92	14:52	Simon	Lowe	VELOSPORT CC	Male	Veteran
93	14:53	Josh	White	G!ro Race Team	Male	Senior
94	14:54	Nigel	Morgan	Tooting BC	Male	Veteran
95	14:55	Jack	Roe	London Dynamo	Male	Senior
96	14:56	Darren	Haynes	Lewes Wanderers CC	Male	Veteran
97	14:57	Lincon	Rodrigues	Elite Cycling	Male	Veteran
98	14:58	Vince	Freeman	Sussex Revolution Velo Club	Male	Veteran
99	14:59	James	Peet	Virtual Cycling Club	Male	Veteran
100	15:00	James	Fawcett	...a3crg	Male	Veteran
101	15:01	Alan	Robinson	Central Sussex CC	Male	Veteran
102	15:02	Richard	Walsh	VELOSPORT CC	Male	Veteran
103	15:03	James	Cambourne	Rapha Cycling Club	Male	Veteran
104	15:04	Adam	Peck	G!ro Race Team	Male	Senior
105	15:05	Michael	Renardson	trainSharp	Male	Espoir
106	15:06	Tobias	Nilsson	Pearson Cycling Club	Male	Veteran
107	15:07	Jack	Hartrey	Kingston Wheelers CC	Male	Junior
108	15:08	Tim	Lewis	Ful-on Tri	Male	Veteran
109	15:09	Thomas	Seller	Oxted Cycle Club	Male	Senior
110	15:10	Liam	Maybank	Twickenham CC	Male	Veteran
111	15:11	Shaun	Pirie	Clapham Chasers	Male	Senior
112	15:12	James	Trigg	Redhill CC	Male	Veteran
113	15:13	Alexander	Kew	Kingston Phoenix RC	Male	Veteran
114	15:14	Jack	Whitehouse	Vector Cycling Race Team	Male	Senior
115	15:15	Andy	Critchlow	Norwood Paragon CC	Male	Veteran
116	15:16	Benjamin	Jones	Penge Cycle Club	Male	Veteran
117	15:17	Peter	Noble	Epsom CC	Male	Veteran
118	15:18	Dylan	Coyne	Balcombe Cycle Club	Male	Veteran
119	15:19	Danny	York	Pearson Cycling Club	Male	Veteran
120	15:20	Christopher	Fennell	The Independent Pedaler - Nopinz	Male	Senior